

## THE DEPARTMENT OF PHYSICAL EDUCATION

THE AIM OF THIS DEPARTMENT is to provide young women with a training, both in the Theory and Practice of Physical Education, that will enable them to take advantage of the opportunities offered in the ever-increasing demand for thoroughly qualified teachers.

*Outline of  
Courses in-  
cluded in the  
two years'  
work.*

*HISTORY OF PHYSICAL EDUCATION (12 hours)*—This course covers a brief survey of the field of Physical Education from ancient to modern times. A study is made of the lives and works of leading pioneers and contemporaries.

*ANATOMY (72 hours)*—The course in descriptive anatomy covers the various tissues of the body, muscles, bones, and joints. Time is also given to the study of the nervous system, vascular system, and the viscera.

*PHYSIOLOGY (36 hours)*—A study is made of the interrelations of various bodily functions, and this course forms the basis of the work in Hygiene.

*THEORY AND PRACTICE OF GAMES (48 hours)*—This course includes a study of child psychology and the various "Theories of Play" to aid the student in determining games suitable for all ages. Practical material presented includes games, ranging from singing games to those more highly organized; all are discussed and classified according to their value for different age groups.

*FIRST AID AND HOME NURSING (18 hours)*—A complete course of instruction is given in quick and efficient treatment in cases of accident, and in prevention and general provision for the care of illness in the home. It leads upon examination to the certificates of First Aid and Home Nursing of the St. John's Ambulance Association.

*APPLIED ANATOMY (36 hours)*—A study is made of the fundamental gymnastic movements and positions. The action of joints and muscles is studied in the natural movements of daily life, and in organized activities, such as sports or dancing.

*ANTHIROPOMETRY (12 hours)*—Anthropometry treats of the theory of measurements of the human body; the work includes the taking of physical measurements, and testing for normal eyesight and hearing.

*CORRECTIVE GYMNASTICS (72 hours)*—Instruction is given in the causes and recognition of scoliosis, weak feet, and faulty posture, including round shoulders, flat chest, forward head, round back, etc. Programmes of exercises are prepared to meet individual needs.

*PERSONAL HYGIENE (12 hours)*—The object of this course is to give the student a scientific and practical basis for the maintenance of health. It consists of twelve lectures with readings on the relationship of the human organism to its environment, including air, food, sleep, bathing, and general principles of hygienic living.

*SCHOOL HYGIENE (12 hours)*—The aim of this course is to acquaint the prospective teacher of Physical Education with the underlying principles of Hygiene in the choice of site, construction, and administration of rural and city schools. Such topics as seating, ventilation, lighting, toilets, drinking fountains, etc., are discussed.

*TEACHING HYGIENE*—This course covers the teaching of health habits in Elementary Schools.

*METHODS IN PHYSICAL EDUCATION*—The aims of this course are:

- (1) To discuss the history and principles of the so-called "Systems" of gymnastics.
- (2) To study character, selection and arrangement of gymnastic exercises and activities.
- (3) To study programmes and rules governing Field Days and Athletic Meets, Summer Camp routine, and standard physical tests.

*LIGHT GYMNASTICS (288 hours)*—A course of instruction, including theory and practice, is given in Free Standing exercises, Dumb-bells, Wands, Clubs, and Marching Tactics.

*HEAVY GYMNASTICS (72 hours)*—A course of carefully graded exercises is given in Horizontal and Parallel Bars, Horse Rings, etc., special attention being paid in fitting the student to teach apparatus work in all its details.

## SCHOLARSHIPS AND PRIZES, 1922-1923

THE JOSEPHINE BURNSIDE SCHOLARSHIP OF \$200.00

THE STUDENTS OF THE CHURCH OF ENGLAND DEACONESS TRAIN-  
ING SCHOOL AND THE STUDENTS OF THE NATIONAL TRAINING  
SCHOOL

THE FLORENCE MARY EATON SCHOLARSHIP FOR FRENCH

FIRST YEAR \$50.00

SECOND YEAR \$100.00

THIRD YEAR \$200.00

MARY McNEELY, EVELYN BAILES

AUDREY ROSEVEAR

AUDREY MIKEL (awarded by reversion  
to JANE HINDS)

THE R. Y. EATON SCHOLARSHIP OF \$100.00

THE H. McGEE SCHOLARSHIP OF \$100.00

THE J. J. VAUGHAN SCHOLARSHIP OF \$100.00

THE M. E. BOECKH SCHOLARSHIP OF \$50.00

} Applied on Tuition of a  
worthy student known  
to the donors.

THE MRS. AUDREY DAVIS PRIZE FOR SHAKESPEAREAN  
INTERPRETATION

RENA HARVIE

THE HELEN L. McFETRIDGE PRIZE FOR  
SHAKESPEARE

AUDREY ROSEVEAR

THE CHARLES SPARROW PRIZE FOR SHAKESPEAREAN  
READING

MARY McNEELY

THE MADAME GOUDIS PRIZE FOR FRENCH

AUDREY MIKEL

THE TO-KALKAGATHON PRIZE FOR CHILDREN'S INTER-  
PRETATION

GRACE MATTHEWS

THE MRS. W. H. B. AIKINS PRIZE FOR DEVELOPMENT

AUDREY MIKEL

THE MRS. H. D. WARREN PRIZE FOR DEPARTMENT

ALICE HAYES

THE ROSEMARY ELIZABETH FENNELL PRIZE FOR  
SCHOOL SONG

No award

THE DIANA M. McCURDY PRIZE FOR VOICE

RENA HARVIE

THE JANE WINDSOR SMITH PRIZE FOR  
PUNCTUALITY

MILDRED McQUEEN

THE JOHN GREER PRIZE FOR BOOK REVIEW

ALISON KERSHAW

THE NORAH THOMSON PRIZE FOR AN  
ORIGINAL POEM

JOSEPHINE BARRINGTON

THE CARRUTHERS PRIZE FOR INTERPRETATION OF  
ROBERT BURNS

GRACE DARROCH

THE EDWARD EATON CUP FOR SPORTSMANSHIP

GRACE DARROCH

THE EDITH K. AMSDEN CUP FOR SWIMMING

LOIS CALDWELL

THE LILIAN B. LE VESCONTE CUP FOR SWIMMING

EVELYN WILSON

THE EMMA SCOTT NASMITH CUP FOR SWIMMING

IRENE O'BYRNE

THE M.E.S.A.A. { SENIOR CHAMPIONSHIP  
SECOND PLACE

MONA MILLER  
GRACE DARROCH

*Gymnasium  
Costume*

STUDENTS are required to wear the regulation costume of the School in the Physical Training Classes, information regarding which will be given by the Director of the Gymnasium at the beginning of the Academic Year. The approximate cost of the special costume and text books of this Department will be twenty-five dollars.

For any further information regarding classes, apply to the Secretary:

Telephone Randolph 4544.

## TUITION FEES

### REGULAR COURSES

The Teacher's and Artist's Course	- - - per year	\$300 00	<i>Teacher's Diploma</i>
The Normal Course in English, Expression, French and Physical Education	- - - per year	300 00	
The Normal Course in Physical Education,	per year	300 00	
The Non-Professional Course in English	- per year	200 00	<i>Certificate</i>
The Non-Professional Course in Physical Education	- - - - - per year	200 00	

### SPECIAL COURSES AND PERSONAL LESSONS

Special students may register for one or for any number of the regular subjects at the following rates:			<i>English Literature and Dramatic Art</i>
One subject of one hour weekly	- - - per term	6 00	
- - - - -	- - - per year	18 00	
One subject of two hours weekly	- - - per term	12 00	
- - - - -	- - - per year	36 00	

Special attention is drawn to:

The Browning and Current Literature Class, conducted by Mrs. Nasmith.

The Shakespeare Class, conducted by Mrs. Nasmith.

The Class on Modern Dramatists, conducted by Miss Ross.

The Studio Recital for Professional Department, conducted by Mrs. Nasmith.

Personal lessons with Mr. Charles Sparrow for

Voice and Speech Training, Phonetics, Dramatics, and for Defective Speakers.

12 forty-minute lessons - - - per term 60 00 |

2 half-hour lessons per week - - - per term 90 00 |

Special arrangements for small classes may also be made.

Personal lessons in Repertoire may be

arranged with Graduate Students - - - per term 20 00 |

Class lessons, three hours weekly - - - per term 18 00 | *French* |

Personal lessons with Madame Goudis, 12 one-hour

lessons - - - - - 36 00 |  |

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## TUITION FEES

*Physical  
Education*

Practice in Physical Education, three hours weekly,	
- - - - -	- per term \$10 00
- - - - -	- per year 25 00
Swimming - - - - -	- per term 5 00
Personal lessons with Mr. Corsan, per half-hour lesson	3 00
Special Classes in Dancing	
with Miss Hamilton, one class weekly -	- per term 8 00
Personal lessons in Dancing with Miss Strathy,	
- - - - -	- per term 45 00
The Children's Class in Expression - -	- per term 8 00
The Children's Class in Dramatic Art -	- per term 8 00
The Children's Saturday Morning Dancing Classes	
with Miss Hamilton and Miss Strathy - - -	8 00
The Children's Class in Swimming - -	- per term 8 00
Gymnasium Locker Fee - - - - -	2 00
Examination Fee, including Diploma - - - -	10 00
Examination Fee, including Certificate - - -	5 00
Supplementary and Special Examinations - -	5 00

A term consists of 12 weeks.

Cheques and all money orders should be made payable to  
"The Margaret Eaton School of Literature and Expression"  
at par in Toronto.

For further information on this or any other subject per-  
taining to the School, address the Secretary.

Telephone Randolph 4544.

## EVENING CLASSES

### BEGINNING OCTOBER 1st

#### Monday—

Æsthetic and National Dancing, Miss Mary G. Hamilton, Instructor.

7.30 p.m. Junior Class.

8.30 p.m. Senior Class.

\$8.00 per term. \$15.00 for two terms.

Public Speaking, for Professional and Business Men.

Mr. Charles Sparrow, Instructor.

8.00 p.m.

\$10.00 per term.

#### Tuesday—

French, Madame Goudis, Instructor, 8.00 p.m.

\$6.00 per term.

#### \*Wednesday—

Physical Training.

7.30 p.m. Junior Class.

8.30 p.m. Senior Class.

\$6.00 per term.

\$10.00 for two terms.

Swimming, Mr. G. H. Corsan, Instructor.

6.30 to 9.30 p.m. (forty-five minute lessons).

\$6.00 per term.

#### Thursday—

Reading Club, for the study of contemporary authors, under the direction of Miss Ross. 8.00 p.m.

Club membership \$2.00.

Elocution, Mr. Charles Sparrow, Instructor.

7.30 p.m.

\$6.00 per term.

Dramatic Art for Men and Women, Mr. Charles Sparrow, Instructor.

8.30 p.m.

\$6.00 per term.

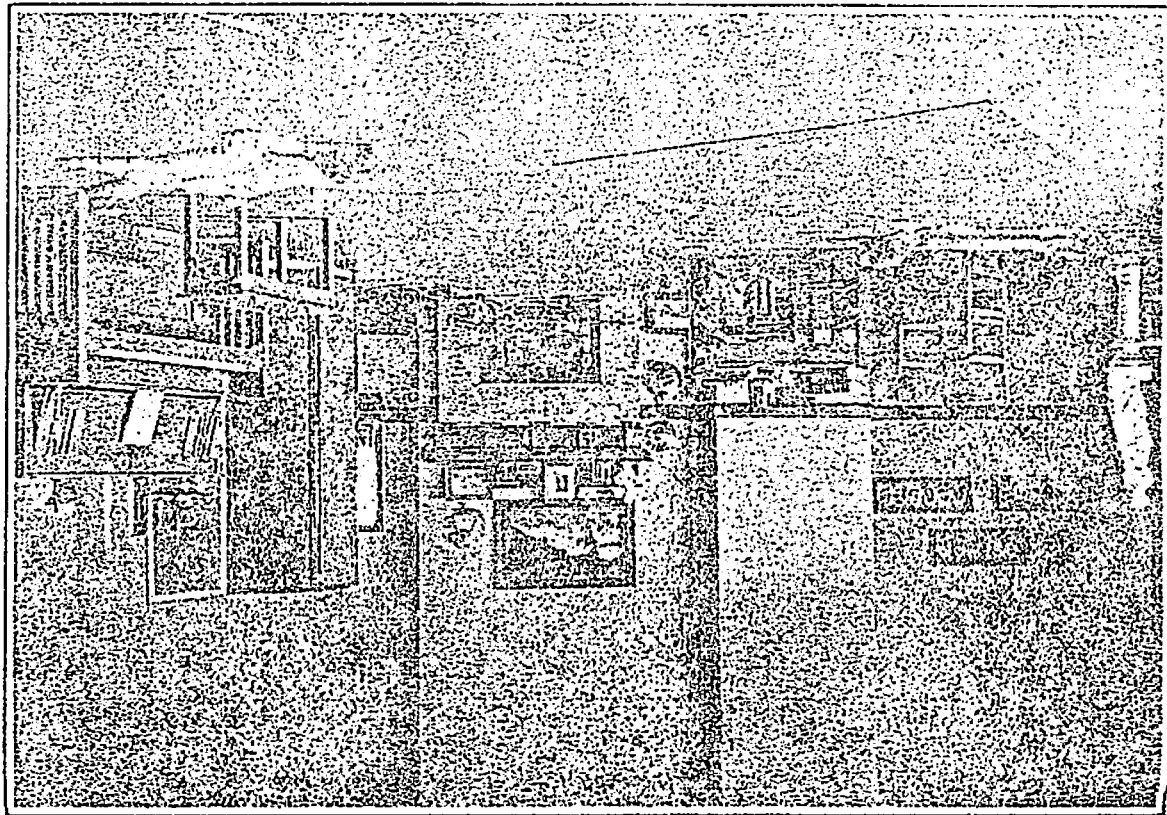
A term consists of twelve weeks.

\*The Wednesday evening classes will be held in The Margaret Eaton School Extension, 413-415 Yonge Street.

For further information telephone Randolph 4544.



THE PRINCIPAL'S STUDIO





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